

Appetizers

- Buffalo Cauli Poppers** \$16.00
Breaded Cauliflower, Buffalo Sauce, Almond Parm, Tofu Crema, Parsley
- Chicky Dippers** \$12.00
Super Crispy Jackfruit Chicky.
- Mac N Cheeze** \$12.00
Sweet Potato-Cashew Cheeze Sauce, Shiitake Bacon, Almond Parm

Salads

- Kale Caesar Salad** \$18.00
Kale, Romaine, Shiitake Bacon, Tomato, Avocado, Almond Parm, Maple Croutons, Caesar Dressing.
- Crispy Chicky Salad** \$20.00
Romaine, Kale, Super Crispy Jackfruit Chicky, Carrots, Purple Cabbage, Mandarin Oranges, Almonds, Crispy Wontons, Sesame, Ginger Dressing.
- Quinoa Taco Salad** \$20.00
Romaine, Quinoa, Spicy Chorizo, Black Beans, Sweet Corn, Avocado, Tomato, Tortilla Strips, Tofu Crema, Agave-Lime Vinaigrette.

Add Jackfruit Chicky to any salad for +\$6.00

Burgers & Sandwiches

- The MBH Burger** \$18.00
Lentil and Pea Protein Patty, Lettuce, Tomato, Onion, Pickles, Beet Ketchup, Special Sauce, Pretzel Bun. Served with Chips.
- MBH NO-Lobster Roll** \$18.00
Hearts of Palm "Lobster Salad", Pretzel Bun. Served with Chips.
- Chicky Deluxe** \$18.00
Super Crispy Jackfruit Chicky, Shiitake Bacon, Lettuce, Tomato, Onion, Pickles, Dijon Mustard, Special Sauce, Pretzel Bun. Served with Chips.

Sweets

- Chocolate Chip Cookies (GF)** \$6.00
- Sprinkle Cookies** \$6.00
- Cookies N Dream Bar (GF)** \$8.00